

Invitation to “Training Program on Community Leadership in Disaster Situations For The Foreign Residents”

Were you at a loss what to do when the earthquakes struck? Did you feel lost because you didn't know how to support others around you? Do you want to empower yourself to become an even better leader of your community? Then you may find our training program useful! This course is designed to provide the participating community leaders with the basic knowledge on how to take a leadership during and after a disaster, so that such knowledge can help enforce the mutual support network among foreign residents, as well as among all residents of your community.



Through this training, you can learn the skills that can be useful not only in disaster situation but also in everyday life. A certificate will be issued to all participants who completed the entire program.

(Sponsor) Japan IsraAID Support Program

(Co-Sponsor) Kumamoto City International Center

[Schedule]

Scheduled to start in the second half of May.

The program consists of 5 sessions (1 session/month)

[Venue] Kumamoto City International Center

[Eligible applicants]

This training is designed for the foreign community leaders who are or plan to be a long-term resident in Japan. However anyone interested in the program are welcome to apply!

[Capacity] 20 people

[Attendance fee] Free

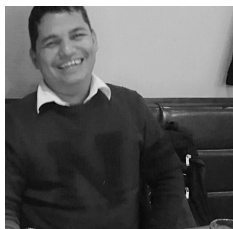
[Training Program] Please look on the reverse side

[Lecturers]



Dr. Tsuguyuki ICHII, Global Link (President)

An expert of community-based disaster prevention and risk management, and a Director of JISP. Dr. Ichii has abundant experience of more than 10 years as a consultant specialized in community-based risk management, and has provided operational support for various disaster and crime prevention activities.



Dr. Bijay GYAWALI, JISP (Psychosocial Specialist)

A clinical psychologist graduated from the International University of Health and Welfare (Japan). Dr. Gyawali is also a psychotherapist who received trainings on cognitive behavioral therapy method for depression and anxiety neurosis at the Beck Institute for Cognitive Therapy (US). Dr. Gyawali is currently involved in JISP's community building project in Tohoku, psychosocial program in Kumamoto, as well as JISP's activities in Nepal.

[Inquiries]

Should you have any inquiry, please e-mail your questions to contact@iisp.org or call Bijay Gyawali (090-8054-7404) or Hari Devkota (090-6634-2646) (Japanese, English and Nepali speaking).

Training Program	
Training title	Content
Training A “Disaster and leadership (introduction)”	This course explains the mechanisms of earthquake, flood, volcano eruption, as well as how a leadership can be exercised to minimize the damages caused by the disaster. You can also improve your understanding of your own quality as a leader.
Training B “Psychological impact of disaster/suicide prevention”	Based on the research evidence and learnings from past disasters, it is known that a disaster can trigger psychological issues such as anxiety, depression, development of suicidal thoughts and PTSD. This course will help understand the social, emotional and psychological implications that a disaster can cause to the victims in short-term and long-term, and the signs of mental anguish. Burn-out of care providers and necessity of self-care will also be discussed.
Training C “Local safety map for community leaders”	In order for a disaster prevention to be effective, it is essential to have a good understanding of the risks and resources in your community so that the residents can take appropriate actions according to different circumstance when a disaster strikes. In this course, participants will take a walk in urban area, identify the hidden risks in everyday life environment, and discuss which facility could be damaged, and what can cause injuries when a disaster occurs. Participants will also learn how develop a Local Safety Map.
Training D “Useful tool for psychosocial care - Psychological First Aid”	Psychological First Aid (PFA) is a tool of psychosocial support used to support those who are in a critical situation such as disaster, accident etc, and it will give you detailed guidance on what you should and you shouldn't do. You will also discuss in what kind of situations the principles of PFA: “Look” “Listen” and “Link” can be effective through role-playing, with a goal of improving your communication skills.
Training E “Everyday risks such as crime”	In this training, you can learn about the everyday risks such as crime, robbery and violence, and what kind of measures can be taken against those risks. The course includes a field trip though which the participants will learn what kind of locations tends to turn into a crime scene. This course will also introduce Japanese vocabularies that are useful during disaster and emergencies.

※The following may be subject to change according to the needs of participants.

【About “JISP”】

JISP is a non-profit organization founded in Sendai (Miyagi) in August 2013 by an Israeli humanitarian organization, IsraAID, with the purpose of delivering humanitarian support regardless of religion, race and politics. JISP endeavors to provide support to the communities affected by disasters and catastrophic experiences to encourage their recovery and post-traumatic growth. As of today, JISP is active in Tohoku, Kumamoto, as well as in Nepal, with a focus on providing psychosocial care to disaster-affected communities. HP: <http://www.jisp.org>

